

Safety

- + Have a caregiver provide aid for use if you have poor balance or cannot stand or sit unsupported.
- + Use a commode appropriate for your weight. Most commodes have a weight capacity of 300lbs. A bariatric commode may be needed if you weigh more than 250lbs.
- + Make sure the legs are level and in a locked position before using the commode.

Set Up

1. Adjust the height of the commode to the level of your bended knee by changing the length leg extensions. To do this, push in the pin found on the lower part of the leg. Pull out or push in the leg to its desired length. Make sure the pin snaps back into place and protrudes through the hole after you've made the adjustments. All legs should be the same length.
2. Remove the lid from the pail.
3. Lift the toilet seat.
4. Place the pail into the pail holder on the frame.
5. Lower the toilet seat over the pail.

Cleaning

**While cleaning the commode, be sure to check for broken or damaged parts.*

Cleaning the Pail

1. Wear protective gloves.
2. Empty contents into the toilet.
3. Rise the pail and empty the water into toilet.
4. Use a household cleaner to clean the pail.
5. Rinse the pail and empty water into toilet.
6. Replace the pail onto the commode.
7. Remove gloves and wash hands.

Cleaning the Frame, Seat & Lid

1. Wear protective gloves.
2. Wipe the frame and surfaces of the commode with a cloth soaked with a household cleaner.
3. Wipe off the household cleaner with a damp cloth.
4. Let the frame, seat, and lid air dry.
5. Remove gloves and wash hands.

