

Adjustment

1. **Position the knee platform so it is closer to your healthy leg.** Under the platform, remove the pin. Turn the platform so its edge aligns with the edge of the frame on the side of your healthy leg. Check the position of the platform by looking at the scooter from behind. The platform will be more to the right for a left leg injury and vice versa.
2. **Adjust the height of the platform.** Make sure to put the platform pin back into place.
3. **Adjust the height of the handlebar.** Remove the handlebar pin, and slide the handlebar to waist level. Place the pin back in.

How to Use

1. Stand on the side of the scooter where your pushing foot will be.
2. Place your hands on the handlebar and squeeze the handbrake. (Some scooters' brakes lock by pushing them downward.)
3. Place your injured foot or ankle centered on the front padding of the platform.
4. Release the handbrake and carefully move forward or backward with your pushing foot.

Safety

**Refer to the manufacturer's manual or website for more information about your equipment.*

- + Wear a non-slip shoe on your pushing foot.
- + Do not use the scooter to pull yourself up from seated position.
- + Check the clamps, pins, nuts, and bolts to make sure they are not loose or missing.
- + Do not use near stairs or escalators.
- + Do not use if you have been using substances like prescription drugs that can make you unsteady.
- + Take extra care when changing surface levels such as ramps or curbs.
- + Don't make sharp turns that can cause tipping.
- + Use the brake to control your speed.
- + Don't go over manufacturer's weight capacity.

